Breakfast Menus Ma

UPSD Grades K-7

This institution is an equal opportunity provider. Menus are subject to change

| Monday, May 1 | Tuesday, May 2 | Wednesday, May 3 | Thursday, May 4 | Friday, May 5 | | | | |
|---|---|---|--|--|--|--|--|--|
| <u>Breakfast</u> | <u>Breakfast</u> | <u>Breakfast</u> | <u>Breakfast</u> | <u>Breakfast</u> | | | | |
| Toast & | Toast & | Toast & | Toast & | Toast & | | | | |
| Cereal Choice | Cereal Choice | Cereal Choice | Cereal Choice | Cereal Choice | | | | |
| or | or | or | or | or | | | | |
| Blueberry Muffin | Breakfast Burrito | Buttermilk Bar | Whole Grain | Banana Bread | | | | |
| | | | Breakfast Bar | | | | | |
| Raisins | Raisins | Raisins | Raisins | Raisins | | | | |
| Fruit & Yogurt | Fruit & Yogurt | Fruit & Yogurt | Fruit & Yogurt | Fruit & Yogurt | | | | |
| Graham Crackers | Graham Crackers | Graham Crackers | Graham Crackers | Graham Crackers | | | | |
| Milk & Juice | Milk & Juice | Milk & Juice | Milk & Juice | Milk & Juice | | | | |
| | | | | | | | | |
| Monday, May 8 | londay, May 8 Tuesday, May 9 Wednesday, | | Thursday May 11 | Friday, May 12 | | | | |
| | | vveullesuav. Ivlav LU | i nursdav. Mav i i | Friday, May 12 | | | | |
| Breakfast | | Wednesday, May 10 Breakfast | Thursday, May 11 Breakfast | Friday, May 12 Breakfast | | | | |
| <u>Breakfast</u> Toast & | <u>Breakfast</u> | <u>Breakfast</u> | <u>Breakfast</u> | <u>Breakfast</u> | | | | |
| Toast & | | <mark>Breakfast</mark> Toast & | <mark>Breakfast</mark> Toast & | <u>Breakfast</u> Toast & | | | | |
| | <u>Breakfast</u> Toast & | <u>Breakfast</u> Toast & Cereal Choice OR | <u>Breakfast</u> | <u>Breakfast</u> | | | | |
| Toast & Cereal Choice or | Breakfast Toast & Cereal Choice or | Breakfast Toast & Cereal Choice OR Mini Bagels w/ | <u>Breakfast</u> Toast & Cereal Choice | Breakfast Toast & Cereal Choice or | | | | |
| Toast & Cereal Choice | Breakfast Toast & Cereal Choice | <u>Breakfast</u> Toast & Cereal Choice OR | Breakfast Toast & Cereal Choice or | Breakfast Toast & Cereal Choice | | | | |
| Toast & Cereal Choice or Mini Maple Waffle Raisins | Breakfast Toast & Cereal Choice or | Breakfast Toast & Cereal Choice OR Mini Bagels w/ Strawberry Cream | Breakfast Toast & Cereal Choice or | Breakfast Toast & Cereal Choice or | | | | |
| Toast & Cereal Choice or Mini Maple Waffle | Breakfast Toast & Cereal Choice or Honey Bun | Breakfast Toast & Cereal Choice OR Mini Bagels w/ Strawberry Cream Cheese | Breakfast Toast & Cereal Choice or Pancake on a Stick | <u>Breakfast</u> Toast & Cereal Choice or Pumpkin Bread | | | | |
| Toast & Cereal Choice or Mini Maple Waffle Raisins Fruit & Yogurt | Breakfast Toast & Cereal Choice or Honey Bun Raisins | Breakfast Toast & Cereal Choice OR Mini Bagels w/ Strawberry Cream Cheese Raisins | Breakfast Toast & Cereal Choice or Pancake on a Stick Raisins | <u>Breakfast</u> Toast & Cereal Choice or Pumpkin Bread Raisins | | | | |
| Toast & Cereal Choice or Mini Maple Waffle Raisins Fruit & Yogurt Graham Crackers | Breakfast Toast & Cereal Choice or Honey Bun Raisins Fruit & Yogurt | Breakfast Toast & Cereal Choice OR Mini Bagels w/ Strawberry Cream Cheese Raisins Fruit & Yogurt | Breakfast Toast & Cereal Choice or Pancake on a Stick Raisins Fruit & Yogurt | <u>Breakfast</u> Toast & Cereal Choice or Pumpkin Bread Raisins Fruit & Yogurt | | | | |

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2022–23 Breakfast & Lunch Prices

Breakfast: Grades K-4 - \$2.00 Grades 5-7 - \$2.25 Lunch: Grades K-4 - \$3.50 Grades 5-7 - \$3.75 Milk Only - .70 cents

Students who qualify for Free or Reduced Price Meals: No Charge for Breakfast & Lunch, 70 cents for milk



Cinco de Mayo (Spanish for "May Fifth") is a time to celebrate Mexican-American food and culture in the U.S. It's a much bigger deal here than it is in Mexico!

| the later and an | Monday, May 15 | Tuesday, May 16 | Wednesday, May 17 | Thursday, May 18 | Friday, May 19 |
|--|---|------------------------------|-----------------------------|---|----------------------|
| | <u>Breakfast</u> | <u>Breakfast</u> | <u>Breakfast</u> | <u>Breakfast</u> | <u>Breakfast</u> |
| | Toast & | Toast & | Toast & | Toast & | Toast & |
| Нарру | Cereal Choice | Cereal Choice | Cereal Choice | Cereal Choice | Cereal Choice |
| Mother's Day | or | or | or | or | or |
| Sunday, Sunday, | Chocolate Muffin | Turkey Ham & | Cinnamon Roll | Pancake & Sausage | Mini Blueberry |
| | | Cheese Breakfast Sandwich | | w/Syrup | Waffle |
| May 14 | Raisins | Raisins | Raisins | | Raisins |
| | Fruit & Yogurt | Fruit & Yogurt | Fruit & Yogurt | Fruit & Yogurt | Fruit & Yogurt |
| | Graham Crackers | Graham Crackers | Graham Crackers | Graham Crackers | Graham Crackers |
| | Milk & Juice | Milk & Juice | Milk & Juice | Milk & Juice | Milk & Juice |
| | | | | | |
| | Monday, May 22 | Tuesday, May 23 | Wednesday, May 24 | Thursday, May 25 | Friday, May 26 |
| HELP WANTED! | <u>Breakfast</u> | <u>Breakfast</u> | <u>Breakfast</u> | <u>Breakfast</u> | <u>Breakfast</u> |
| | Toast & | Toast & | Toast & | Toast & | Toast & |
| | Cereal Choice | Cereal Choice | Cereal Choice | Cereal Choice | Cereal Choice |
| UPSD Auxiliary Ser- | Or Dhuch ann Muffin | Or Due al fa at Durwita | Or Dutterreille Der | or | or Device Deviced |
| vices Department is | Blueberry Muffin | Breakfast Burrito | Buttermilk Bar | Whole Grain Breakfast Bar | Banana Bread |
| | Raisins | Raisins | Raisins | Raisins | Raisins |
| hiring | Fruit & Yogurt | Fruit & Yogurt | Fruit & Yogurt | Fruit & Yogurt | Fruit & Yogurt |
| Substitute Custodians, | Graham Crackers | Graham Crackers | Graham Crackers | Graham Crackers | Graham Crackers |
| Food Service workers | Milk & Juice | Milk & Juice | Milk & Juice | Milk & Juice | Milk & Juice |
| and Bus Drivers. | | | | | |
| and bus Drivers. | Monday May 20 | T I N DO | | | |
| | Monday, May 29 | Tuesday, May 30 | Wednesday, May 31 | GET DOV | NN WITH |
| Flexible hours. | | Breakfast | Breakfast | | |
| | | Toast & Cereal Choice | Toast & Cereal Choice OR | I HE BKU | WN. |
| Location and pay range | | | Mini Bagels w/ | Whole grain foods (which | are |
| varies by need | | or Honey Bun | Strawberry Cream | usually brown) are better for you than the | |
| | | noney ban | Cheese | white stuff. So when | |
| Please visit | | Raisins | Raisins | you can, try to choose | |
| r lease visit | | | Fruit & Yogurt | whole wheat pasta and bread, whole grain cereal, | and brown rice |
| www.UPSD83.org to fill | MEMORIAL DAY MEMORIADODAL NO SCHOOL | Graham Crackers | Graham Crackers | EAT BETTER. PLAY HARDER. LI | |
| out an application. | MEMORY | Milk & Juice | Milk & Juice | WELLNESS IS A | |
| The second secon | NO SCHOUL | | | | |